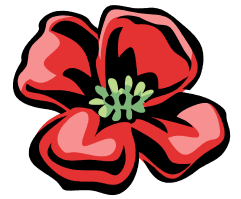


École Élémentaire Astral Drive Elementary

236 Astral Drive
Dartmouth, NS B2V 1B8
902-462-8500
<https://ade.hrce.ca/>

November 2018



DATES TO REMEMBER

- Nov 11 Remembrance Day
- Nov 12 Remembrance Day Observed – No Students
- Nov 16 Picture Retake Day
- Nov 20 SAC (5:30) & PTO Meeting (6:30)
- Nov 21 Assessment & Evaluation Day – No Students
- Nov 26 Term 2 Begins
- Nov 30 Reports go home
-
- Dec 5 Parent-Teacher Interviews - evening
- Dec 6 PD-am/Parent-Teacher Interviews afternoon
- Dec 12 Christmas Concert
- Dec 13 Christmas Concert
- Dec 21 Last day before the Holidays

BREAKFAST PROGRAM

The Breakfast program has been going very well thanks to the efforts of our volunteers, students, parents/guardians and ADES staff. We are sure that the 100+ students who enjoy a healthy breakfast each morning appreciate your efforts.

School/Bus Cancellations

Please see the brochure attached for School and/or Bus Cancellations for further information on storm days.

CHRISTMAS CONCERTS

We will be holding our Christmas Concerts at Prince Andrew High again this year. They have a wonderful facility that holds approximately 1000 people. We will have 2 concerts; one on Wednesday, December 12th & Thursday, December 13th. Half of our classes will perform on Dec 12 and the other half will perform on Dec 13.

PARENT TEACHER INTERVIEWS

Parent Teacher Interviews will be held the evening of December 5th (6-8pm) and on the afternoon of December 6th (1-3pm). There will be no school for

students on December 6th. Teachers will be participating in professional development in the morning and holding parent teacher interviews in the afternoon. We will have a link and password for you to sign up for Parent-Teacher interviews by the end of November for parents to book time with their child's teacher.

Lost & Found

Also, while at school please check out the lost and found. We have a large collection of items that we are sure many of you have been searching for.

REMEMBRANCE DAY ASSEMBLY

Astral Drive Elementary has planned a Remembrance Day Assembly in honour of our veterans who have served, and those presently serving, in the Canadian Armed Forces. It is our intent to show our respect and to thank them for their dedication and sacrifice. It will take place on Friday, November 9th.



All students in grade P-6 will attend the assembly in our gymnasium from 10:30 -11:30 am. During the ceremony we will be asking students who belong to a service organization such as: Beavers, Cubs, Guides, Cadets, etc., to wear their uniform.

If you are a parent or family member who is serving with the Canadian Armed Forces or Reserves, or a grandparent who has served, we would like to invite you to join our ceremony. Please inform Ms. MacNeil at macneilt@hrce.ca no later than Wed, Nov. 7th to confirm your attendance. You may also call and leave a message with Mrs. Dalrymple in the office at 902-462-8500. We ask guests to head to the gym and look for the guest book to sign.

► Due to fire regulations and limited capacity we regret we are unable to have additional parents and guests attend the ceremony.

WE ACT

Thank you to everyone for participating in our first event of the year: WE Scare for Hunger! We collected many non-perishable foods to donate to Feed Nova Scotia. Stay tuned for our next fundraiser as Christmas approaches!

SAFE ARRIVAL

Safe Arrival Phone Number: 902-462-8500 ext. '1'

Please ensure you contact Safe Arrival by telephone, or email (ADESafeArrival@hrce.ca), to inform us of your child's absence.

If we have not heard from you regarding your child's absence, you *will* receive a phone call home or at work to ensure that your child is safe.

PHYSICAL EDUCATION

PE Clothing

A reminder to send your child dressed for vigorous physical activity on PE days. Many children have long sleeved shirts and get very hot and uncomfortable in PE class. T-shirts, shorts and/or athletic pants (yoga pants, jogging pants, track pants) are highly recommended. We **always** work hard (and have fun) so remind the children to dress to be active.

Running Club

Congratulations to our Running Club members on successful races at Caldwell Road School, Astral Drive Elementary and Cole Harbour Place. Participation was high at all events and I am very proud of all of our runners. Running club is over for the Fall but we usually try to hold a second running club in the spring if the field conditions and weather permit.

Grade Primary

Our grade primaries are working on fundamental movement skills this year - including running, skipping, galloping, throwing, catching, kicking, balance, etc. Primary students can practice their ball skills at home with a bouncy ball. The size of a tennis ball is perfect but it doesn't have to be a tennis ball. A tennis sized ball with a medium amount of bounce is perfect. The bouncier it is, the more challenging to catch. (Dollar store sells bouncy balls - but test its bounciness before you buy one).

Pillars of Health

All students have learned about the 4 pillars of Health which are like the legs of a chair. These 4 pillars hold up the "chair" or your health. We want to build our habits/

actions into strong "legs" so our "chair" is strong and not wobbly. The 4 pillars are Nutrition, Exercises/Fitness, Sleep and Mental Health (stress management, belonging, and happiness). Throughout the year we will be referring to these pillars of health and learning what they mean/ how to improve.

PE Portfolios

Grade 1-6 parents will be able to see your child's PE Portfolio on the upcoming Parent Teacher night. They will be on the coat rack outside of the music room organized by classes. (The Primary portfolios are empty at this time). These go home with students when they leave our school in grade 6 (or move away). Thanks to the PTO for funding this project every year.

STOCK TRANSPORTATION

Stock Transportation will be adding buses to our school system to resolve a number of challenges related to busing. This process will begin on October 29.

Introducing the additional buses will take time: buses need to be purchased and safety inspected; and drivers must be hired and trained.

These changes will be phased in, allowing Stock to concentrate on a particular area or families of schools to ensure the changes are fully implemented before moving on to the next area or family. As changes are implemented, Stock will communicate with families through BusPlanner if there are any modifications to their child's routing. We will also be sharing information on our website if there are any route additions/alterations affecting our school.

*Please see attachments for our PTO Newsflash for November 2018 as well as for the Dartmouth Soccer Club.