

École Élémentaire Astral Drive Elementary

236 Astral Drive
Dartmouth, NS B2V 1B8
902-462-8500
<https://ade.hrce.ca/>

October 2018



Important Dates

Oct 3	Terry Fox (Rain Date)
Oct 5	Popcorn Day
Oct 8	Thanksgiving Day, No Students Present
Oct 10	Staff Appreciation Day
Oct 15	PTO Meeting
Oct 17	Professional Development – No Students Present
Oct 18	Picture Day – Grades P to 2/3
Oct 19	Picture Day – Grades 3 to 6
Oct 25	Halloween Howl
Oct 26	Provincial Conference Day – No Students
Nov 11	Remembrance Day
Nov 12	Remembrance Day Observed – No Students
Nov 16	Picture Retake Day
Nov 21	Assessment & Evaluation Day – No Students

Breakfast Program



This Monday, October 1st marks the start of our Grab and Go Breakfast Program. Students are invited into the school at 8:10am, where they will be able to take part in whatever breakfast we are offering each day. Three food

groups will be available and will consist of items such as cheese, ham, crackers, dry cereal, fruit, yogurt, etc. Every student is welcome to come in, whether they have already eaten a full breakfast at home or not. School breakfast programs help students to be more attentive and energetic learners, as well, they provide an important social element by bringing students together for a common meal.

Thank you so much for your cereal and cracker donations on Curriculum Night, it was a great start to stocking up our cupboards! Also a huge thank you to those families who have answered the call looking for breakfast program volunteers! This worthwhile program could not happen without your support. If you have any questions about making a donation or volunteering your time please email Jennifer.mckay@live.com for more info.

Battle of the Books

Stay tuned! Battle of the Books will begin the first week of October. Be sure to listen to announcements so you don't miss out on a fun, learning opportunity

Picture Retakes

November 16th



Mi'kmaq History Month

In 1993, Premier John Savage and Mi'kmaq Grand Chief Ben Sylliboy declared October as the official month to recognize and celebrate Mi'kmaq culture and heritage. Mi'kmaq History Month is celebrating its 20-year anniversary in 2013 and we invite everyone to join us in the celebration of our culture and heritage.

Each October, community activities, events, sharing and showcasing the Mi'kmaq history takes place across Nova Scotia. Everyone is encouraged and welcome to participate in Mi'kmaq History Month events. If your community business, organization or school has a Mi'kmaq related event, story, photo, creation, submission or musical contribution that you would like to share, we would love to hear from you and will add your contribution to our website.

The following is the official link for Mi'kmaq heritage month: <http://mikmaqhistorymonth.ca/>

Safe Arrival

If your child will not be attending school or will be late, we request that you call the school at 462-8500 Ext. 1 and leave a message. If you have not called your child in, you will receive a phone call home. You may also email Safe Arrival at ADESafeArrival@hrce.ca and leave a message there. Please ensure we have the up-to-date telephone numbers on record.

Please do not leave any messages for alternate pick up arrangements on the safe arrival line. Call the office directly at 462-8500 Ext. 0 or send an email at ade@hrce.ca. We will do our best to ensure messages are passed along in a timely manner.

Morning Supervision



A reminder to parents and caregivers: for safety reasons, please do not send students to school until 8:10am in the morning. Supervision is not available until 10 minutes before the bell. We appreciate your support.

Also, we are unable to provide supervision on the playgrounds after dismissal at 2:25pm pm. Children are asked to go directly home or to their caregivers.

If parents and/or caregivers allow students to play after dismissal on school property, we ask you to please supervise your children at all times. And make sure they are within sight.

HEAD LICE

If your child has been in contact with someone who has lice, you need to check your child's head carefully to see if they have caught lice. Head lice spread easily, so if one person in the household has lice, others may have it too. Check everyone in the household on the same day.

How to Prevent the Spread of Head Lice

- Check your child's head regularly
 - once a week as part of your routine
 - after every sleepover
 - every day during lice outbreaks at school
- Keep long hair tied back or braided.
- Teach your child not to share personal items that are used on their head. This means things like brushes, combs, barrettes, headbands, elastics, towels, hats, helmets, toques, and scarves.
- Teach your child to put their hats and scarves in their coat sleeves or backpacks when they take them off at school.

For further information on Head Lice and other communicable illnesses please go to https://811.novascotia.ca/health_topics/lice/

PTO

- October 5 – Popcorn Day
- October 10 - Staff Appreciation Day
- October 15 – PTO meeting
- October 25 – Halloween Howl



Thank you to all of the volunteers who helped organize and run the Back to School BBQ in September. It was a great way to kick off the new school year! October is shaping up to be an exciting month with lots of fun PTO activities planned.

The PTO recently elected three new members to its Executive Committee. We are very excited to welcome Terri Andrews as Vice-Chair, Lindsay McFadden as Secretary, and Darcie Stokes as Communications Officer. If you have feedback or suggestions for the PTO, we'd love to hear from you. Please come to our next meeting on **October 15th** at 6:30pm in the school library. Everyone is welcome!



Our first **Staff Appreciation Day** of the year will be held on **Wednesday, October 10th**. This is an opportunity for the ADES community to give back to our incredible staff. This month is being hosted by the families of **Primary Ferreira and 4/5**

Aucoin. If you have a student in either of these classes, it would be greatly appreciated if you could send in a nut free treat. If you have not yet submitted a Staff Appreciation form, but are able to donate or help set up, please email us at astraldrivepto@gmail.com. Treats can be homemade or store bought, edible or decorative, everything is appreciated!

October will have two **popcorn** days to make up for the day missed in September, **October 5 & October 31**. A form will be sent out with the option to prepay for the year in the coming week. For families who don't wish to prepay for the year, popcorn can always be purchased the day of, for \$1/bag.



Get your ghosts and goblins ready! ADES's **Halloween Howl** will be on the evening of October 25th. If you would like to volunteer to help make this

event a success, please email
astraldrivepto@gmail.com.

Watch for **QSP** order forms that will be sent home in the coming days!

Physical Education

Welcome to Mrs. Steele's teaching partner, Mr. James Snider. Mr. Snider will be team teaching with Mrs. Steele on Wednesdays and Fridays. Mr. Snider teaches 40% and Mrs. Steele teaches everyday at 100%. Grades P-3 have PE three times a week and grades 4-6 have PE twice a week. All classes are 30 minutes.

Mrs. Steele is looking for donations of outdoor play equipment for recess play (especially tennis balls and basketballs).

Mrs. Steele is also looking for pool noodles to use in PE class if anyone is finished with their summer toys.

Cross Country is currently running on Tuesdays and Wednesdays afterschool for grades 2-6.

Physical Education

This week you will receive information on our Nourish Your Roots Farm Box Fundraiser. Selling for \$30, each farm box will include a variety of farm-fresh, local produce which represents good value and supports local farmers while raising funds for healthy food programs and activities at our school. Our school earns \$9 from the sale of each box. The selling period begins on Monday, October 1st. All orders and money (cash or cheque payable to Astral Drive Elementary) must be returned to the school by 2:25pm on Friday, October 12th. Students use the envelope provided to track order names and collect money. Our farm box pick-up will take place at the school on Thursday, November 1st between 3 and 6 pm at the Astral Drive Entrance. For more information, please email I lesley.farrow@gmail.com.

In The Community

If you have a sports event, fundraiser, etc., happening in the Astral Drive Elementary community please forward the information to the school.

Attached you will find two fliers for a movie night and Halloween stickers.